

Decision making template (or grid)

There are different 'models' and templates for decision-making. They are all very similar. The one below is particularly useful for Health Education as it contains all the points needed for assessment. HOWEVER, PLEASE note that ONLY filling out a decision-making grid is not sufficient for assessment. You also need to respond to questions to explain your process.

Define the health-related situation and the nature of the decision to be made.

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(At least 3) Choices that could be made:

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Consider influencing factors in making the decision: What are these and why/how are they influencing the decision-making process? Think about a combination of personal, interpersonal and/or community/societal factors for EACH choice.

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Consequences of each choice:

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Your own and others' feelings about each choice:			
Health-enhancing decision and justification:			
Evaluation of the decision:			